

## HOW-TO GUIDC

Thank you for being a Hunger Hero! Thousands of families turn to our Food Bank every week for food. You can't always tell by looking at someone if they are hungry – there could be people at school, at the park, and in your neighborhood that need help getting enough food. With your help, we're one step closer to ending hunger in San Francisco and Marin. The money you raise from your lemonade stand will provide food for kids, seniors, and families right here in our community.

#### WHAT YOU NEED

- ☐ Your parent or guardian's permission
- □ Table
- □ Pitcher
- □ Ice
- □ Lemonade
- □ Cups
- Optional: straws
- ☐ Cash box with change, or a parent or guardian's mobile payment service (Venmo, Zelle, etc)
- □ Tip jar
- □ Flags and signage to decorate

Every \$1 you raise = enough food for 2 meals!



#### TIPS

- 1. A great spot for your lemonade stand is on a corner with a lot of foot traffic or at a park. You could even consider hosting a stand at your school if the school says it's okay. Bonus points if there's an event or if the weather is good!
- 2. When people want to know more about the San Francisco-Marin Food Bank, you can tell them:
  - Thousands of families get fresh groceries from the Food Bank every week.
  - · Most of what the Food Bank gives out is fresh fruits and vegetables.
  - The Food Bank can turn \$1 into enough food for 2 meals.
- 3. After your lemonade stand, make sure you clean up!
- 4. Ask your parent or guardian to write a check for the money you raised and mail it to us, or to donate an equivalent amount online. **Do not send us cash through the mail!**
- 5. Donate online at sfmfoodbank.org/donate
  - *6.* Put checks in the envelope included in this packet, or in any other envelope, and mail it to us:

### Parents'

San Francisco-Marin Food Bank 900 Pennsylvania Ave San Francisco, CA 94107

Thank you for helping your child host a lemonade stand to benefit our Food Bank! This activity is a great way to engage your kids in volunteering and giving back to their community.

THANKS FOR BCING a Hunger Hero!

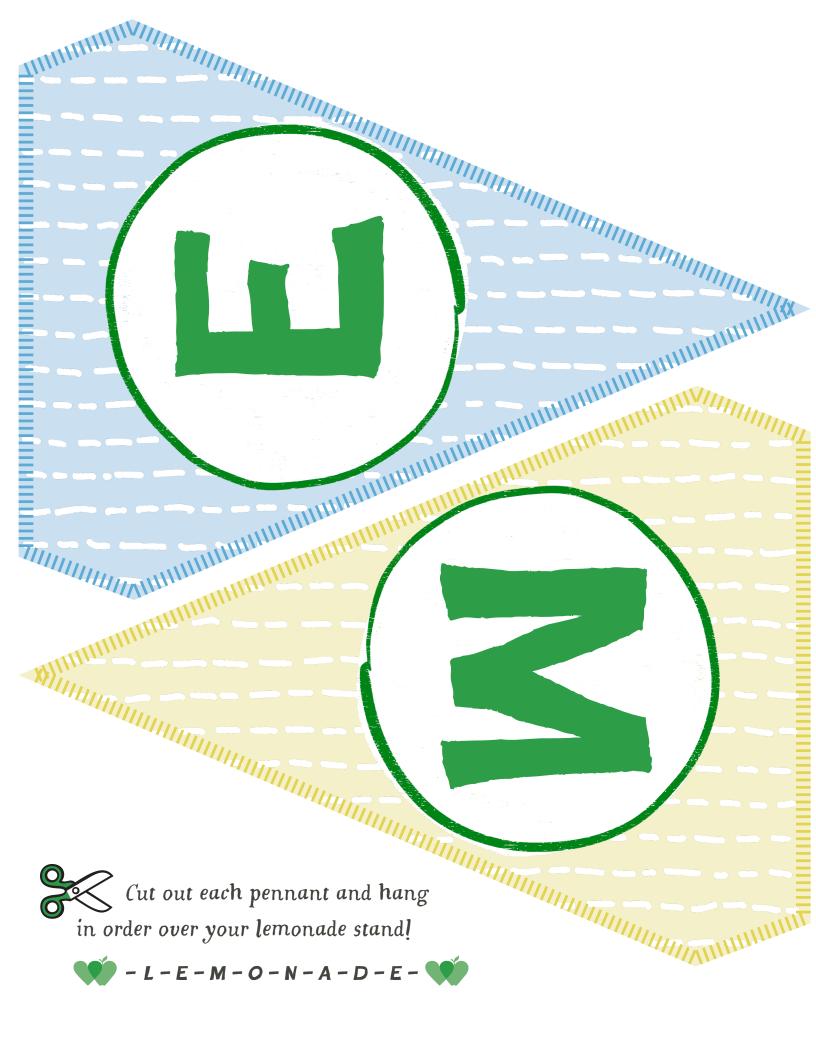
Our mission is to end hunger in San Francisco and Marin.

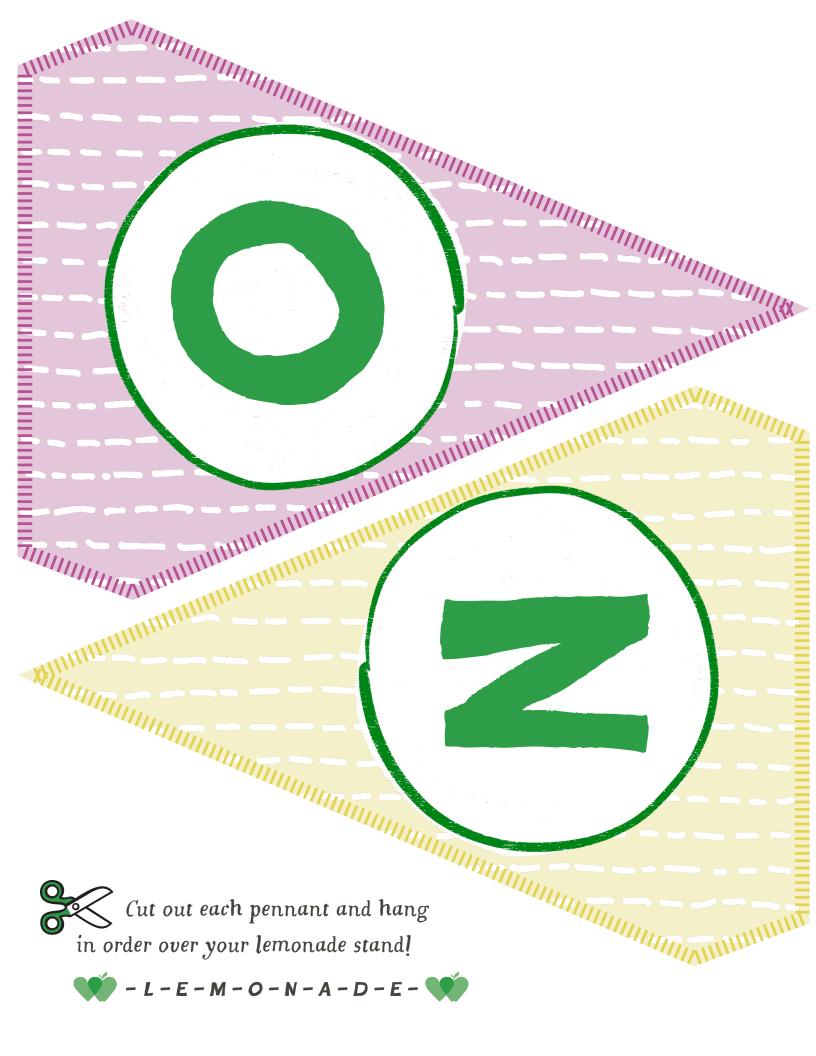
We couldn't do this work without the support of people like you. Last year, more than 50,000 households received fresh, nutritious groceries through our services.

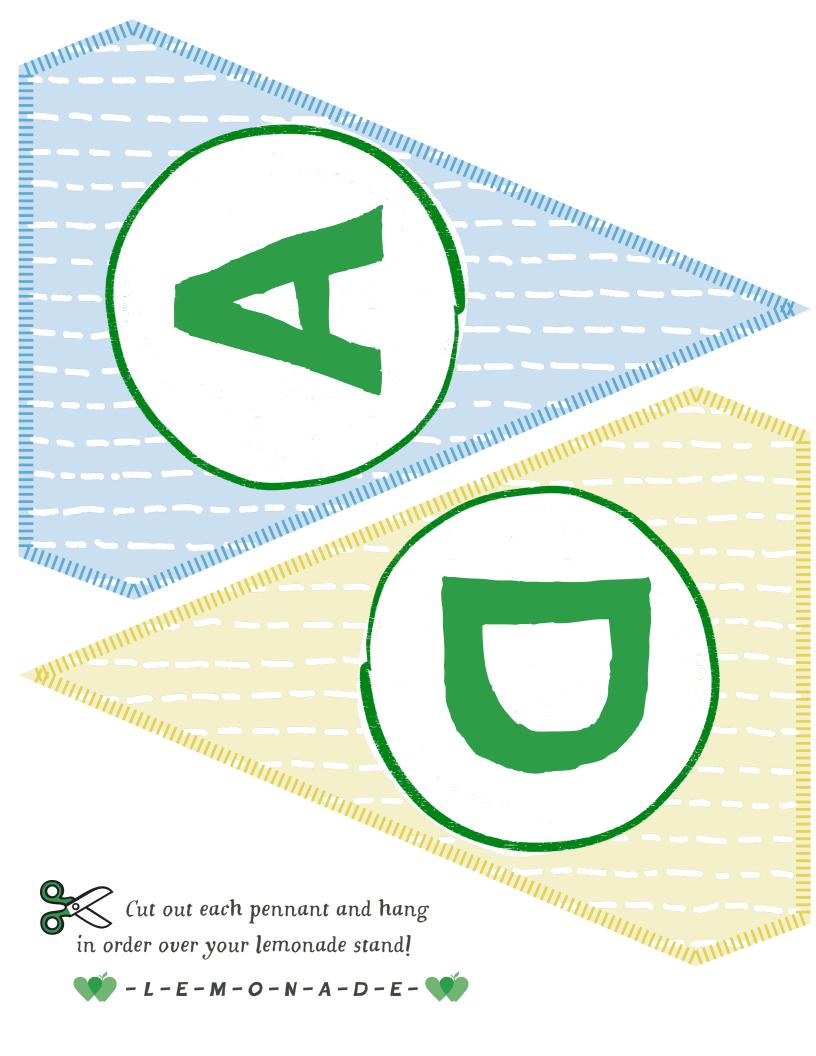
We are grateful for donations of any size. We can turn \$1 into enough food for 2 meals – that means that if your child raises \$10, they will provide 20 meals for their neighbors!

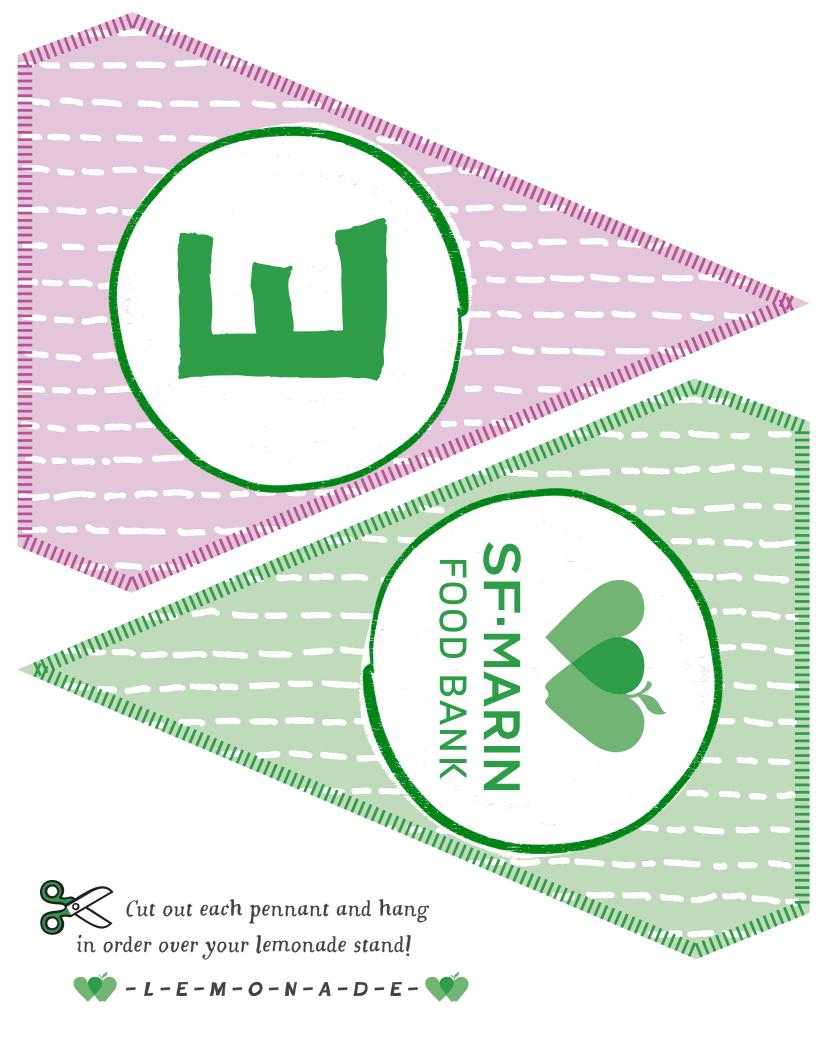
Questions? Please email info@sfmfoodbank.org or call (415)282-1907, ext 249.















RECIPE FOR

# Lemonade

#### Ingredients:

6 lemons

1 cup of white sugar

6 cups of cold water

#### YICLDS:

About a gallon

#### DIRCCTIONS:

Juice the lemons to make 1 cup of juice

In a gallon pitcher, combine the lemon juice, sugar, and water

Stir

Chill and serve over ice



#### FOR YOUR TIP Jak

Cut this out and glue it to your tip jar:





#### Dohation Chyclope

You can cut out this envelope along the dotted lines, fold, and glue or tape it together to make an envelope to send your donation money.

Please ask your parent or guardian to trade your cash and coins for a check to send – we can't take cash that's — mailed to us!

THank You!

SF-Marin Food Bank 900 Pennsylvania Ave.

San Francisco, CA 94107

Fold

glue or tape here

I'm a Place Your Stamp Here

Fold

Your Address Here

**Fold** 

**Fold**